

Hosted by :



HK FITNESS SUMMIT 2023

Taking your fitness journey to a new level

25 – 27 February 2023

Level 2, TEC, No. 28 Stanley Street, Central, Hong Kong

Day 1 : Strength Professionals Forum

📅 25 February, Saturday ⌚ 1:30pm - 6:30pm

Topics and Insights :

Atlantis Strength – The Atlantis Story | Unique Biomechanics | New Product Development

Strength Community – Individualization : The Path for Business Growth | Debunking Myths That Might Be Holding You Back | You Might Not Be Aware of This

Palace Studios – The Palace Vision | Space Introduction | Future Growth

Special Guest Speakers :



Georges Galarregui

International Sales Director and Business Development at Atlantis Strength



Carlos Castro

Founder of Strength Community & Highest-level Strength Coach



Dinesh V. Nihalchand

Founder of Palace Studios & Co-Founder of District15

CALL FOR REGISTRATION NOW!

Email us at hello@palace-studios.com to sign up.

FOR MORE DETAILS

📞 +852 9878 5785

🌐 www.palace-studios.com

📷 @palacestudios_

Day 2 : Private Certified Fat Loss Class with Carlos Castro

For advanced/intermediate trainers who are interested to have an in-depth full-day training with Carlos Castro, please contact us at hello@palace-studios.com to sign up. Limited spots available only.

Day 3 : Private Individual Consultation with Carlos Castro

For interested parties, please contact us at hello@palace-studios.com to sign up. Limited spots available only.



SAVE THE DATE !

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